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**BAHAWALNAGAR CAMPUS**

**DEPARTMENT OF APPLIED PSYCHOLOGY**

**BS 3rd Semester Fall 2019-2023 (M) Environmental Psychology**

**Instructor: Asghar Ali Class Room 4**

**Class days Monday & Tuesday Class Timing: 05:00 PM To 07:00 PM**

**Course Outline**

**Course Objective:**

The objectives of this course are following:

1. To understand the concept of environmental psychology and its basic principles.
2. To grasp the fundamental concepts of psychological construct, validity and reliability.
3. To understand the psychological tests and differences between various types of tests.

**Teaching Methodology:**

1. The class will be conducted in a lecture & discussion environment where the class Instructor will lead the discussions, and students will be encouraged to participate and ask questions at the end of each class session.
2. Students will be expected to read assignments in advance. This will be tested through quizzes, which may proceed any class session.

**Testing and Grading:**

1. Learning will be accomplished through lecture, class exercises and student participation in the class discussion and presentations.
2. Grading will tend to focus on your overall performance rather than one or two aspects. A mid-term examination and a comprehensive final examination will be given.
3. Another portion of the course grade will include the discussion/attendance grade, quizzes, and other assignments.
4. The mid-term examination will be graded for 30 points and the final examination will have a value of 50 points.
5. Excessive absences (more than 03) will result in “F Grade”
6. Test Questions may be taken from text book readings, hypertext material discussed in class and other assigned readings.
7. Students may prepare notebooks for taking notes and for references.

**Marks Distribution:**

Sessional 20

Mid Term 30

Final Exam 50

Total 100

**Please Note;**

In the unlikely event of an unplanned absence by the instructor, the material to have been covered during that class meeting will be shifted to the next meeting. If a test/presentation was scheduled for that class meeting that will be given during the next class meeting. In the event of any necessary planned absences, information on schedule changes will be provided in advance.

**Course Contents;**

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| **WEEK** | **SESSION** | **TOPIC** |
| **1** | **1** | What is Environmental Psychology |
|  | **2** | Common assumptions of Environmental Psychology |
| **2** | **3** | Theories in Environmental Psychology |
|  | **4** | Arousal theories |
| **3** | **5** | Stimulus load, behavioral constraint and adaptation Level theories |
|  | **6** | Environmental stress theories (Ecological theories) |
| **4** | **7** | Perception and its Cognitive basis |
|  | **8** | Theories of environmental perception |
| **5** | **9** | Responses to novel environment and environmental cognition |
|  | **10** | Characteristics of cognitive maps |
| **6** | **11** | Environmental evolution |
|  | **12** | Effective basis of environmental evolution |
| **7** | **13** | Environmental attitudes |
|  | **14** | Environmental attitudes formation |
| **8** | **15** | Social basis of attitudes |
|  | **16** | Impact of Environment on individual (Personality development) |
| **MID TERM EXAM** | | |
| **9** | **17** | Murray’s theory of personality development |
|  | **18** | Environmental changes and stress |
| **10** | **19** | Physiology of stress |
|  | **20** | Organism’ Environmental relationship |
| **11** | **21** | Attributing behavior to persons and situations |
|  | **22** | The study of culture |
| **12** | **23** | Population and Environment |
|  | **24** | Impact of Environment in its incumbents |
| **13** | **25** | Urbanization |
|  | **26** | Problems related to crowding |
| **14** | **27** | Impact of population (concentration among humans) |
|  | **28** | Crowding & density human experimental studies |
| **15** | **29** | Crowding in everyday settings |
|  | **30** | The built of Environment and human adjustment |
| **16** | **31** | Prisons |
|  | **32** | Educational Environments |
| **FINAL TERM EXAM** | | |